



BREAKFAST & LUNCH MENU

Please inform staff of any allergies or intolerances before ordering. Most dishes can be made **GF** and **Vegan** on request

PLEASE CHECK THE BLACK BOARD FOR OUR DAILY SPECIALS

V Vegetarian
Ve Vegan

BREAKFAST

Full Welsh Breakfast 7.50

Local speciality sausage, dry cured bacon and black pudding, grilled tomato or baked beans, mushrooms, sauteed potatoes, two free range eggs fried or scrambled and buttered toast

Full Vegetarian Breakfast 7.50 V

Home-made vegan sausage, grilled Halloumi, grilled tomato or baked beans, mushrooms, sauteed potatoes, two free range eggs fried or scrambled and buttered toast

Full Vegan Breakfast 7.50 Ve

Home-made vegan sausages, Portobello mushroom, grilled tomato, baked beans, sauteed potatoes, ackee scramble and buttered toast

Eggs Benedict 6.50 V

Dry cured bacon, free range poached eggs and hollandaise sauce served on a toasted muffin

Eggs Royale 6.95 V

Smoked Salmon, free range poached eggs and hollandaise sauce served on a toasted muffin

Eggs Portobello 5.95 V

Baked Portobello mushrooms, free range poached eggs and hollandaise sauce served on a toasted muffin

Ackee 'Scrambled Eggs' on Toast 4.95 Ve

A vegan alternative using a delicate Jamaican fruit

Pan fried Chorizo & Scrambled eggs 5.95

Can be made with vegan chorizo sausage **Ve**

Buttermilk Pancakes 5.50 V

with bananas, strawberries and cinder toffee honeycomb butter

Belgium Waffles 5.50 V

with bananas, strawberries and maple syrup

Buttered home baked sourdough toast with home-made jam 2.50 V

or choose from Honey, Peanut Butter, Nutella, Marmalade or Marmite

Home-made Welsh cakes 2.50 V

served with butter and jam

Toasted Teacake and butter 1.95 V

Pastel de Nata 1.25 V

Delicious Portuguese custard tart

LUNCHES

Soup of the day 4.95 V

served with our own sour dough bread and butter

Home-made Cheese and Onion pie 7.50 V

served with herby new potatoes, salad and coleslaw

Ham Eggs and Chips 7.95

Yr Orsaf Awesome Burger 9.95

An 8oz Prime Welsh beef patty, toasted brioche bun, salad, coleslaw, pickles and triple cooked chips. Topped with Cheese and Bacon or burger sauce. Veggie Burger served as above without bacon **V**

Traditional oven baked Lasagne 9.95

Welsh beef and pork ragu layered with bechamel, served with salad and coleslaw

Thai Red Chicken Curry 9.95

Stir fried rice noodles, chicken, egg, spring onion, carrot, beansprouts and pad Thai sauce. Garnished with peanuts, roasted chilli, lime and crispy shallots

BREADS

Served on brown, white, ciabatta, focaccia or in a wrap all served with salad, coleslaw and triple cooked chips

Brie, Cranberry and Bacon 5.95

Wasabi Steak and Mushroom 6.95

BLT 5.95

Cheese and Honeyed Ham 5.95

Home-made Falafel 5.95 Ve

Salmon and Cream Cheese 5.95

SIDES

Triple cooked chips or Fries 2.50 Ve

Coleslaw 2.50 V

Garlic Bread 2.50 V

Salad bowl 2.50 Ve



YR
ORSAF

BWYDLEN BRECWAST A CHINIO

Rhowch wybod i'r staff am unrhyw alergedd neu anoddefiad cyn archebu. Gellir addasu y rhan fwyaf o'r bwydydd yn **GF** a **Fegan** os gofynnwch.

GWELERY BWRDD
DU AM EIN PRYDAU
ARBENNIG DYDDIOL

LI Llysieuol
Fe Fegan

BRECWAST

Brecwast Cymraeg Llawn 7.50

Selsig arbennig lleol, cig moch wedi'i halltu'n sych a phwdin du, tomato wedi'i grilio neu ffa pob, madarch, tatws wedi'u ffrio, dau wŷ buarth wedi'u ffrio neu eu sgramblo a thost a menyn

Brecwast Llysieuol Llawn 7.50 LI

Selsig fegan cartref, Halloumi wedi'i grilio, tomato wedi'i grilio neu ffa pob, madarch, tatws wedi'u ffrio, dau wŷ buarth wedi'u ffrio neu eu sgramblo a thost a menyn

Brecwast Fegan Llawn 7.50 Fe

Selsig fegan cartref, madarch Portobello, tomato wedi'i grilio, ffa pob, tatws wedi'u ffrio, sgrambl ackee a thost a menyn fegan

Wyau Benedict 6.50 LI

Cig moch wedi'i halltu sych, wyau buarth wedi'u potsio a saws hollandaise ar myffin wedi'i dostio

Wyau Royale 6.95 LI

Eog trwy fwg, wyau buarth wedi'u potsio a saws hollandaise ar myffin wedi'i dostio

Wyau Portobello 5.95 LI

Madarch Portobello wedi'u pobi, wyau buarth wedi'u potsio a saws hollandaise ar myffin wedi'i dostio

'Wyau sgramblo' Ackee ar dost 4.95 Fe

Dewis arall fegan gan ddefnyddio ffrwyth Jamaican

Chorizo wedi ei ffrio ac wyau wedi'u sgramblo 5.95

Gellir ei wneud gyda selsig chorizo fegan **Fe**

Crempogau Ilaeth enwyn 5.50 LI

gyda bananas, mefus a menyn taffi sindar

Wafflau Gwlad Belg 5.50 LI

gyda bananas, mefus a suryp masarn

Tost surdoes cartref gyda jam cartref 2.50 LI

neu dewis o Fêl, Menyn Cnau Mwnci, Nutella, Marmaleid neu Marmite

Cacen Gri cartref 2.50 LI

gyda menyn a jam

Cacen te wedi'i thostio a menyn 1.95 LI

Pastel de Nata 1.25 LI

Tarten gwstard Bortiwgal fendigedig

CINIO

Cawl y dydd 4.95 LI

wedi'i weini gyda'n bara surdoes a'n menyn ein hunain

Pastai Caws a Nionyn Cartref 7.50 LI

wedi'i gweini gyda thatws, salad a cholslo

Wyau, Ham a Sglodion 7.95

Byrgyr Yr Orsaf 9.95

8 owns o eidion Cymreig gorau mewn bynsen brioche, salad, colslo, picls a sglodion. Bacwn a chaws a saws byrger ar ei ben. Byrger llysieuol efo'r uchod, ond heb y bacwn. **LI**

Lasagne Popty Traddodiadol 9.95

Ragw porc ac eidion Cymreig mewn saws efo salad a cholslo

Cyri Cyw Iâr gwlad Tai 9.95

Nŵdls reis, cyw iar, wŷ, nionod gwyrdd, moron, egin ffa a saws gwlad Tai, efo cnau mwnci, chili wedi ei rostio, leim a sialots.

BARA

Gweinir ar fara brown, gwyn, ciabatta, focaccia neu mewn wrap gyda salad, colslo a sglodion cartref

Brie, Lluogaeron a Bacwn 5.95

Stêc Wasabi a Madarch 6.95

BLT 5.95

Caws a Ham Mêl 5.95

Falafel Cartref 5.95 Fe

Eog a Chaws Hufenog 5.95

AR YR OCHR

Sglodion cartref neu Ffrengig 2.50 Fe

Coleslaw 2.50 LI

Bara Garlleg 2.50 LI

Powlen Salad 2.50 Fe



YR
ORSAF

DIODYDD DRINKS

Mae ein coffi yn cael ei weini efo shot Sengl (**bach**) neu Ddwbl (**mawr**) ac mae decaf ar gael.

Our coffees are served with a Single shot (**small**) or Double shot (**large**) and can be made decaf

COFFI COFFEE

	1 SHOT	2 SHOT
Espresso	1.50	1.80
Americano	1.80	2.10
Gwyn Fflat	2.00	
Cappuccino	2.20	2.50
Latte	2.20	2.50
Mocha		2.50

SIOCLED CHOCOLATE

Siocled poeth Hot Chocolate	2.50
Siocled Poeth gyda phopeth Hot Chocolate with everything	3.00

TE TEA

Pot o de Pot of Tea	2.40
Te gwahanol Flavoured Teas	2.00
Mintys / Peppermint	
Jasmine	
Chamomile	
Llys / Berry	
Gwyrdd / Green	
Lemwn a sinsir / Lemon and ginger	
Earl Grey	
Rooibos	
+ Llaeth soi	0.30
+ Llaeth ceirch	
+ Soy milk	0.30
+ Oat milk	